When pioneers moved to the West,
With courage strong they met the test.
They pushed their handcarts all day long,

And as they pushed they sang this song:
For some must push and some must pull,
As we go marching up the hill;
So merrily on our way we go
Until we reach the Valley-o.
“The Handcart Song”

*Children’s Songbook*, Page 220

*Pictures downloaded from lds.org:*

Mary Fielding Smith and Joseph F. Smith Crossing the Plains (Gospel Art Book #101)  
Mormon Trail Center Exterior 1  
(http://lds.org/placestovisit/eng/historical-sites/mormon-trail-center-at-historic-winter-quarters)  
Helping the Martin Handcart Company across the Sweetwater River (Gospel Art Kit #415)  
Handcart Pioneers Approaching the Salt Lake Valley (Gospel Art Book #102)